

Class Leader Virtual Training



Become a licensed class leader and help caregivers focus on their own self-care. This five-day training (3 hours per day) prepares individuals to successfully teach the six-week Powerful Tools for Caregivers class series. To participate in the virtual training, participants must have their own computer with webcam, microphone, internet, and PowerPoint.

Dates / Times: March 25th, 2024-March 29th, 2024 / 2:00PM-5:00PM

Cost: \$200.00-for license fee to National Office

Deadline to Apply: March 20, 2024

Registration: www.sicog.org or

Contact: mike.hirschi@sicog.org

(208) 233-4032

Help caregivers:

- Reduce stress
- Improve self-confidence
- Balance their life
- Better communicate their feelings
- Make tough decisions
- Locate helpful resources



“It never ceases to amaze me how transforming this course is—the dramatic change in the demeanor of the participants from the first to the sixth class.” —PTC Class Leader from CA

Training program includes:

- Scripted curriculum, video, and audio resources
- *The Caregiver Helpbook*
- Class Leader license fee
- Networking connections with other Class Leaders
- Intensive and interactive training provided by a team of PTC trainers

powerfultoolsforcaregivers.org